

Kick start your career today!

Want to get back in to work or education but not sure where to start?

Take the first step with our Workstart programme

Whether you're looking for your first job or want to return to work after a career break, we can support you to develop the skills you need to succeed.



If you want to increase your confidence and progress into work we'll help you get where you want to be!

Our dedicated team will work with you to develop a personalised action plan, which could include:

- Careers advice and guidance to help set you on the right track.
- Work skills including communication and team building
- Help writing and tailoring your CV
- Interview skills
- Short work related courses such as first aid or food handling
- Work placements

There's no charge for taking part (subject to eligibility criteria). You could also get financial support for your travel.

What next?

Contact **Linda Price** from the WorkStart team

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Find out more at: www.dimensionstrainingsolutions.co.uk

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